



The Hard Hat

National Association of Women in Construction **San Diego Chapter 21 Newsletter**

VOLUME 6, ISSUE 1 OCTOBER 2011

The NAWIC Calendar

October 11

NAWIC SD Monthly Meeting
Hilton—Mission Valley

November 8

NAWIC SD Monthly Meeting
Hilton—Mission Valley



2011-2012 New Chapter Officers and Directors

Message from the President

I am very excited to be able to lead us into this new year! My goal for NAWIC during my term as your President is to link the members through communication which provides a strong chain that is very vital to the success of NAWIC. If we are all open to this common goal, then we will be able to build momentum and grow. Not only as individuals, but as women in construction.

All of our committees are gearing up for the new year as well. We have 16 committees that are already hard at work. Have you joined one of them yet? If you have not responded to the professional education survey that has been e-mailed out by our chair, Myrna Smith, please do so. This information is very important to the success of our general meetings. If we provide meetings that are especially tailored to what the membership wants to know about, we will be providing a much needed service to everyone – to educate, learn and grow. If you would like to join one of our committees, please let me know. I will have the list available for your review at our next general membership meeting.

Speaking of our upcoming meeting, the location of our general membership meeting has changed. Please be sure to mark your calendar for October 11th at the Hilton in Mission Valley. Our networking starts at 5:30 p.m. and then we will hear from Bret Smith regarding women's self-defense. Please RSVP to our new Hospitality Chair, Isabel Marocco, at izmrocco@caspercompany.com.

In November, we will have the Department of Labor talking to us about Labor Compliance. It should be a very informational meeting that you will not want to miss! Our December meeting will be our annual silent auction and donation drive. Please start saving those "barely used" or unwanted new items. We will need them for our auction! As always, it should be a very fun, heartwarming and exciting event!

Please remember that I am always an e-mail or phone call away if you need me!

Pat Brown

NAWIC President
San Diego Chapter #21

this issue

President's Message **P.1**
Meet the New Board **P.2**
Industry Issues **P.4**
Event Reports **P.5**
In the News **P.6**



MEET OUR OFFICERS



President – Pat Brown

Pat has been involved in the construction industry for almost 10 years now. Her construction career started with the Daily Construction Reporter which was acquired by the AGC. She works as the Sales

Manager for the on-line plan room. Pat's previous experience includes working as a paralegal and a property manager.

Since joining NAWIC in 2005, she has served as Director, Vice President and President Elect. Pat has also chaired several committees – Ways & Means for 3 years, Scholarship and 50th Anniversary. In 2008, Pat also served on the board of ASPE.

When not involved with NAWIC activities, Pat, husband John, and son Brandon, love to travel, spend time with relatives and visit parks.



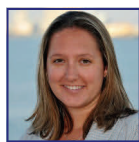
Vice President – Teran Breceda

Teran has been working in the landscape construction field for 14½ years. She co-owns Breceda Landscape with her husband Eric Breceda, who is a licensed C-27, landscape contractor. Breceda Landscape works on all facets of landscape construction,

from small 1-day projects to projects that can take a couple months. Breceda Landscape has won several awards from the Del Mar Fair and Spring/Fall Garden Shows. Teran is certified with the Irrigation Association as a Water Auditor.

A professional highlight for her firm this year includes being the official landscaper for the Farmers Insurance Open Golf Tournament in Torrey Pines. This project was a 3 week set up to take down event for the biggest single sporting event in San Diego area. They have just signed on for the 6th year.

In addition, Teran is also a licensed realtor. She has been married to her husband Eric for the last 10 ½ years and has two grown daughters.



President-Elect – Brittni Banks-Engle

Brittni is currently an account manager at Contractors Prevailing Wage Insurance Services. In her role as a health and welfare benefits provider to the prevailing wage contracting community, Brittni brings a unique perspective to the challenges and complexities of prevailing wage contracting. By working closely with her clients on a variety of business-critical issues ranging from lowering job costs to insuring government compliance, Brittni has gained an industry-wide perspective on the challenges and difficulties facing contractors in today's prevailing wage market.

As an advocate for her prevailing wage clients, Brittni is in regular contact with the state and federal agencies governing public works projects. In her work with a number of San Diego-area contractor trusts, Brittni is involved in a range of locally relevant issues including: apprenticeship regulations; training requirements; and, issue

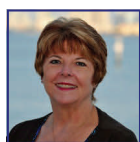
advocacy. As a member of the NAWIC Board, Brittni is committed to expanding education and understanding of the complex maze of opinions and regulations governing prevailing wage. Brittni is currently pursuing a degree in Marketing from National University and recently married the love of her life, Alec Engle.



Recording Secretary – Lindsey Myers

Lindsey is a Project Engineer at Blair Rasmussen Construction Inc., a general engineering and building contractor and has been with the company for the past 6 years. She holds a Bachelor's Degree in Marketing and Management from California State University, San

Marcos and has completed several courses and certifications in the construction industry including EM 385-1-1, QCM and AGC Project Management. Lindsey has been a member of NAWIC since 2008 and served as Corresponding Secretary from 2009-2011.



Corresponding Secretary – Pam Gibbs

Pam has worked for University Mechanical for seven years as a Project Coordinator supporting the Industrial, Special Projects and Commercial Groups. This entails supporting four Project Managers on over thirty projects. In addition to her dedication to her NAWIC

duties, Pam is also involved with her seven grandchildren, ages 3-16. She also enjoys traveling with her girlfriends and cooking.

Treasurer – Linda Young



Linda will begin her 27th year of NAWIC membership on Nov. 1st. She is a 3-time Past President of the San Diego Chapter #21, Past National NAWIC President (2002-2003), Past Administrator and Trustee of the NAWIC Founders' Scholarship Foundation and Past National President of the NAWIC Education Foundation (2005-2006). She is currently the NAWIC Education Foundation's Vice President and Education Committee Chair.

Linda has spent 30 plus years working in various positions in the Construction Industry including Executive Director of the San Diego Chapter of the American Subcontractors Association, Executive Director of the Masonry Industry Training Association, Owner of C-SOS (Construction Support Office Services) and Accounting Manager and ISO 9000 Administrator for Dynalectric San Diego.

She is currently co-owner of C-SOS with her husband, Frank Young. She is Co-Chair of the San Diego Chapter Mentoring/MAGIC Committee which is celebrating its 5th year of MAGIC Camp. Linda enjoys working with high school and college students bringing opportunities that were not available to her as a young student.

She is currently the Chair of the Advisory Committee for The New School of Architecture & Design Construction Management Program. Linda is married to Frank Young, has 2 sons, Matthew and Peter, daughters-in-law, Kristen and Crystal, and 4 grandchildren, Rosalinda, Helen, Lauren and Matthew. Additionally, she has one child at home – Sarge, a 7-year old Schnauzer!

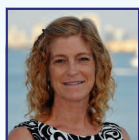


Immediate Past President –

Lorelee Langworthy, CIT, CDS, CBT

2012 marks Lorelee's 20th year in the electrical industry. She has worked for small "mom & pop" shops to Fortune 500

- Corporate shops, in both union and nonunion environments. This has given her a broad perspective of the construction industry. Lorelee currently works for Dyn-alectric Company - San Diego in Accounting, specifically in accounts receivable, but have done all aspects of accounting from payroll to insurance to parables to collections. She resides in East County, is married, and has three grown children and eight grandchildren.



Director – Julie Brennan, ARM, CRIS

An East Coast native, from Washington, D.C., Julie moved to San Diego in 2001.

She has two children, Joe, 25, a Miramar College student and Maggie, 17, a senior

at Scripps Ranch High School. Julie loves spending time with her kids, and traveling back east to hang out with friends and family there.

Julie began her insurance career 10 years ago. She has worked for large local, national and international agencies, first as an Account Manager, and now as a department Manager and Broker. She has serviced and produced a diverse book of business (alternative energy, broadcast, manufacturing, CPA firms, engineering to name a few), but her construction clients are her favorite. Julie has earned two insurance designations: ARM (Associate in Risk Management) and CRIS (Construction Risk Insurance Specialist). When not providing risk management services to her clients, Julie spends her time volunteering in the community with her church, her Rotary Club, both with her office, and on her own. She is also aa volunteer for the Warrior Foundation, an awesome organization that helps our wounded men and women in uniform. She also spends her free time hiking around San Diego, and spending time at the beach.



Director – Melinda Dicharry

Melinda Dicharry is President of Paradigm Mechanical Corp. She has more than ten years of construction industry experience working with plumbing, mechanical, and general contractors. In 2010, she started Paradigm Mechanical Corp. in an effort to build a company

that will set a new standard for service and innovation in the industry. Paradigm focuses on providing HVAC services to medical, laboratory, and industrial facilities in southern California. Melinda holds a BBA, is a Certified Construction Industry Financial Professional (CCIFP) and a licensed C-20 contractor. In her spare time, she enjoys spending time with her husband, Josh; son, Dylan; and extended family and friends. Melinda's outside interests include camping and spending time at the beach.



Director – Dottie Ledesma

Dottie has been in the insurance repair business for over 30 years.

Her genesis in this line of work began with filing, dispatching field staff and taking calls from customers, doing nominal tasks for another insurance repair company. Through the years she has managed to advance her career and became the sole owner of Generation Contracting & Emergency Services.

Dottie exemplifies tenacity; she brings forth passion in helping others in every which way she can. Her enthusiasm in helping people doesn't stop in her family circle, it continues onto homeowners that are struck by a disaster. Her urgency to get their life back on track has been the company's mission statement.

Dottie's three children work for Generation Contracting; she loves to surround herself with family. A native San Diegan, Dottie is married to Richard, her husband of 40 years, and enjoys spending time with her 6 grandchildren. She takes pleasure in reading books in her spare time and loves to go camping.

Dottie is known to quote this remark to people she meets during networking events and appropriately ending this narrative by saying, "I hope you never need our services, but if you do please give us a call."

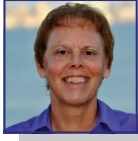


Director – Isabel Marocco

Isabel is CFO and Operations Manager of Casper Company, a local family owned and operated demolition sub-contractor. In July, she will be celebrating her 20th year of employment with the company.

She initially came to Casper after she was laid off by a local drywall sub-contractor, and was lucky enough to be hired on by the then up-and-coming Casper Company in 1991. In addition to holding nearly every office position in the company and overseeing the traditional office staff as CFO/Controller, 4 years ago she was given the opportunity to also wear the Operations Manager hat. However the greatest honor she has had with Casper came in 2008, when she was given the chance to become an owner in the company.

Isabel's greatest passion is her family. Being a firm believer in parent involvement in her kid's education, she has always been an active volunteer in both of her kids' schools. Her son Gabriel is now a junior at CSU, San Marcos, which means her volunteer days with him are over, however, between being a volunteer at her daughter Theresa's High school and her club soccer games, it doesn't leave much time for hobbies, but she wouldn't trade it for anything.



Director – Jan Parthemer

Jan has been a San Diego NAWIC member for 20 plus years. She has had the privilege to serve the Chapter and the Region over the years making wonderful friends and able to get help for her company through members and educational meetings and workshops. Jan is the owner of Datalink Solutions, Inc., low voltage contractor (C7 license), specializing in cable design and installation for computers, phones, VoIP, paging and fiber optics for commercial buildings.



Director – Myrna Smith, CIT

Myrna has worked in the construction industry over 25 years and joined the Harper Construction team over 9 years ago. Harper Construction is a General Contractor that specializes in Design Build construction. Myrna has worked in different aspects for the company, such as Executive Administrative Assistant, Small Business Liaison Officer, Project Coordinator, and is currently Design Administration Manager.

Networking meetings we part of her duties as SBLO for Harper Construction. It was through those meetings that she discovered NAWIC. During her 7 year tenure with our Chapter, Myrna has served on the Board as Director, Corresponding Secretary and Chapter President. She has also served on several committees on a chapter level, as well as currently serving as the Regional Construction Profession & Education Committee Chair.



Parliamentarian – Sherry Yarbrough

Sherry has served as Executive Director of the San Diego Associated Builders and Contractors Apprenticeship Training Trust since January, 2000. Trained originally as a teacher, she spent most of her working career in developing construction trades apprenticeship training programs in the Carolinas before moving to California. Sherry served as National President of the NAWIC Education Foundation, a 501 (c 3), non profit in 2007-2008 and as a Trustee or officer of the Foundation for over 15 years. The mission of the NEF is to provide educational certification programs for people in the construction industry and outreach to young people about the opportunities of a career in construction. She has been a member of NAWIC for 30 years and has served as a National Director. She is a Board Member of the North County Trade Tech Charter School in Vista, CA and is a certified Master Trainer through the National Center for Construction Education & Research. Sherry's resides with her husband, Tom, and daughter, Jessica, in San Diego. Her son Jason and daughter-in-law Dana live in Charlotte, N.C.



INDUSTRY ISSUES

...that impact Women in Construction

by Melinda Dicharry

NEW POSTING REQUIREMENT

Final Rule for Notification of Employee Rights

The National Labor Relations Board has issued a Final Rule requiring most private-sector employers to notify employees of their rights under the National Labor Relations Act by posting a notice. The National Labor Relations Act (NLRA) guarantees the right of employees to organize and bargain collectively with their employers, and to engage in other protected concerted activity or to refrain from engaging in any of the above activity. Employees covered by the NLRA are protected from certain types of employer and union misconduct.

Employers should begin posting the notice on November 14, 2011. Copies of the notice will be available on the NLRB website and from NLRB regional offices by October 1.

Similar postings of workplace rights are required under other federal workplace laws. The 11-by-17-inch notice is similar in content and design to a notice of NLRA rights that must be posted by federal contractors under a Department of Labor rule.

The notice of rights will be provided at no charge by NLRB regional offices or can be downloaded from the Board website and printed in color or black-and-white. Translated versions will be available, and **must be posted at workplaces where at least 20% of employees are not proficient in English.**

Employers must also post the notice on an intranet or an internet site if personnel rules and policies are customarily posted there.

Note: Employers have the option of posting their own notice (in addition to the board's notice) stating their position, as long as it does not contain "threat[s] of reprisal or force or promise[s] of benefit."

To get the required NLRB poster online for your company, go to:

http://nrlb.gov/sites/default/files/documents/1562/employee_rights_nlra.pdf

Source URL: <https://www.nrlb.gov/news-media/fact-sheets/final-rule-notification-employee-rights>

The Heart Walk

Submitted by Myrna Smith, CIT

On Saturday, September 17, Team NAWIC walked the American Heart Association's Heart Walk in Balboa Park. This was a 5K walk around Balboa Park.

Along this route there was music, radio stations, friends & fun!

With this walk, the American Heart Association was able to raise over \$46,000 towards this cause. Thanks to all of you that came out to walk on our TEAM NAWIC!



Ways & Means Fundraiser

Submitted by Pat Brown



The beer tasting fundraiser that our Ways & Means committee arranged was very fun! We were given a tour by the Manager of the Green Flash Brewery, Dave Adams, at their new tasting room on Mira Mesa Blvd on September 24th. The 7 of us were given all of the technical details of how beer is made. It was very interesting. We had a nice set up of appetizers outside while we each enjoyed 5 tastes of their famous brew. To date, they have won 35 national and international awards. While we were there, quite a few of the Jersey Shore look-alikes showed up. It was quite amusing! I really enjoyed the beer and time spent with friends. We hope you will join the Ways & Means committee for their next fundraiser!

OCTOBER BIRTHDAYS

Happy birthday Ladies!

- Brittni Banks-Engle** - 5th
- Isabel Marocco** - 15th
- Ana Márquez** - 19th
- Lindsey Myers** - 26th

Enhancing the Success of Women in the Construction Industry

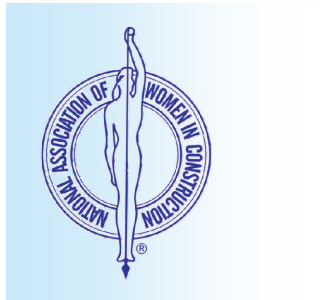


Bret Smith

on the topic of

Women's Self Defense

Be prepared to get physical! Active participation in the demonstration is highly encouraged.



NAWIC San Diego Chapter #21
PO Box 880725
San Diego, CA 92168

www.nawicsd.org

Bret has worked in the Fitness Industry as a Personal Trainer, Coach, Athletic Trainer and Physical Education Teacher for over 10 years. He's also trained as a martial arts instructor for over 15 years, and has specialized in teaching women the principles and practices of self defense.

Tuesday, October 11, 2011
5:30pm- Networking
6:00pm- Dinner and Speaker

Hilton Mission Valley
901 Camino del Rio South
San Diego, CA92108

Please fax or email your reservation by noon on Friday, October 7th to Isabel Marocco (fax) 619-589-1796

(email) izmarocco@caspercompany.com

Members: \$35
Non-Members \$40

2011-2012 NAWIC Officers & Board

- President: Pat Brown
Vice President: Teran Breceda
Recording Secretary: Lindsey Myers
Corresponding Secretary: Pam Gibbs
Treasurer: Linda Young
Immediate Past President: Lorelee Langworthy, CIT, CDS, CBT
Directors: Julie Brennan, Melinda Dicharry, Dottie Ledesma, Isabel Marocco, Jan Parthemer, Myrna Smith
Parliamentarian: Sherry Yarbrough

Committees

- Committees Coordinator: Teran Breceda
Anniversary / Executive Night: Dianne Koehle
APC 2012: TBD
Block Kids: Julie Brennan
Continuing Education: Ruhksana Hafeez
Drafting: Sherry Yarbrough & Myrna Smith
Finance: Linda Young & Pam Gibbs
Friendship/Cheer: Lindsey Myers
Golf: Paula Covert & Kathy Jo Esposito
Hospitality, Attendance & Welcome Desk: Isabel Marocco
Membership: Dottie Ledesma & Lissa Palmer
Mentoring / MAGIC Camp: Linda Young & Jan Parthemer
Professional Education, Construction Industry & Partnering Liaison: Myrna Smith
Publicity, Outreach & Public Relations: Liz Fernandez
Scholarship: Ana Márquez & Isabel Marocco
Standing Rules: Gwen Miller
Ways & Means: Melinda Dicharry
Website Coordinator: Ana Márquez
WIC Week: Lorelee Langworthy
Newsletter Editor: Ana Márquez

In the News

Yarbrough named 2011 YWCA TWIN Award winner

Sherry Yarbrough, executive director of the Associated Builders and Contractors Apprenticeship Training Trust, was selected as a recipient of the prestigious YWCA TWIN Award... She is being recognized for her outstanding achievements and positive contributions.



Alumni
This one says to apply themselves... I have those guys get really good training through ABC. The large majority of ABC grads have turned out to be good.

Construction Tech Academy grads pay it forward

An innovative program with a vocational focus proudly supported by the construction industry is quickly achieving great success for its students in the San Diego Unified School District... The Stanley C. Foster Construction Tech Academy Magnet at the Keaney High Educational Complex serves students with an expressed interest in entering a building trade profession.



Construction Tech Academy graduates Brandon Vargas (left) and Alex Reed (right) with Sherry Yarbrough of ABC'sO (center).

Congratulations to our very own Sherry Yarbrough, for being named 2011 YWCA TWIN Award winner! She is being recognized for her outstanding achievements and positive contributions.

Congratulations are also in order to Ana Sical for being featured in the Article "Construction Tech Academy grads pay it forward," recognizing her involvement as a mentor at MAGIC Camp.

Both articles were published in the September 26th issue of The Daily Transcript!

Great job ladies!

For individual contact information, please visit our website.

Have an idea? An article to submit? Please email them to amarquez@gafcon.com.